# Rude Health: A festival of contemporary composition

## Friday 25 October 19:00

A bold and exhilarating festival showcasing new music from the talented minds of our composition department. Over three nights, experience cutting-edge contemporary works performed in various locations throughout King Charles Court, immersing you in a celebration of innovative soundscapes and fresh creative voices.

Today's group present 'october twenty-fifth', an eclectic evening of new music and multidisciplinary performances.

# TRINITY LABAN

### Three bodies

#### Freddie Smith-Wright

Performers Freddie Smith-Wright, Barney Anderson, Georgia Morgan Turner

A new triple stringed instrument for three players. Designed for players and listeners to contemplate and experience compassion through shared resonance. Sounds and compositions produced through tuning and natural harmonics.

#### beckoned back and forth and turned away

#### Max West

**Performers** Sandy Hoi Shan Yip, Sandy Hoi Shan Yip, Moose Sverrisson, Livia Schnierer, Max Lamprecht, Max West

Connecting movement and sound through a wire. An abstraction of states, drifting in and out of signal.

#### Mushroom

Luke Chan

Performers Mar Elena Mitrovic Campos, Lilly Ho, Tom Waters, Seren Kapur

*Mushroom by Sylvia Plath describes the growth cycle of mushrooms as they emerge from the earth. Hear her words accompanied by the music of a string quartet.* 

#### Distractions

#### Zsolt Balint

Performers Rory White, Will Wilson, Maddie Williams, Zsolt Balint

We gather in this space - each of us taking some time from our busy lives. Often, we are consumed by routine, schedules, travelling and work; we may forget the importance of reflection, self-care and having space to breathe. Let this multi-sensory performance be an opportunity for you to be reminded of these occasionally neglected aspects of life, whilst being subject to the inevitability of our busy existence.

#### condition 1

#### Jack Smith

**Performers** *Jack Smith, Stephanie Angert, Liana-Rosa Dellapina, Mary Bull, Claudia Smith, Anna Conroy, Jeremiah Beer, Euan McCandless, Joey Lam, Katie Harrison* 

A piece with ensemble, dance and electronics about decision making.

# Finding a Phone Charger

Performers Joey Pugh, Felix Ottaway O'Mahony

A comedy song based on a real-life experience of desperately finding a phone charger. "My mobile phone charger is out of power and I'm looking for a charger."

## alpha-Neoendorphin

Rory White

Performers Zsolt Balint, Jerimiah Beer, Sachin Beaman-Patel, Arthur Hobson, Samby Anderson, Francis Zitong Zhou

This next piece is a love song, you can dance to it if you want to.

### Ahead of the Luminous Panel Harry James

A conversation between a man asleep, and his memories, which echo through the subconscious into the physical.

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