

Graduate School Showcase 2025

Monday 7 – Thursday 24 July

Welcome to the Graduate School Showcase 2025, a festival of performances created, choreographed and presented by our postgraduate dance students.

Doors open at 12:00pm each day, with a curated programme of performances, site-specific events, screenings and sharings.

*Every day will be different. What's certain is that you'll encounter surprising, challenging and ground-breaking new work from students our **MA / MFA courses in Choreography, Creative Practice (Dance Professional and Transdisciplinary pathways), Dance Leadership and Community Practice, Dance Performance and Dance Science.***

You might get to see work on the main stage of Laban Theatre, or in the more intimate space of the Studio Theatre. Dance in unexpected places that takes you on a journey, or research laboratory sharings in our Dance Science studio. Maybe you'll get to participate in a performance that brings the audience into the experience, or enjoy watching more contemplative pieces unfold outside or at studio spaces in nearby Laurie Grove.

What is guaranteed is that you'll encounter thought-provoking new choreography and movement developed by our postgraduate dance community during their time studying at Trinity Laban.

Come and join us. Bring your curiosity and an open mind.

Members of the audience are reminded that smoking, the use of mobile phones and the use of photographic or video equipment is not permitted in the auditorium.

Principal
Prof. Anthony Bowne

Artistic Director
Dr Aleksander Szram

Associate Director of Dance
Programme Leader, MA/MFA Creative Practice
Dr Naomi Lefebvre Sell

Head of Postgraduate Programmes
Programme Leader, MA/MFA Dance Leadership and Community Practice
Melanie Clarke

Programme Leader, MA/MFA Dance Performance
Hilary Stainsby

Programme Leader, MA/MFA Choreography
Gary Lambert

Postgraduate Studies Administrator
Minghao Li

Head of Production
Fay Patterson

Technical Manager
Assad Jan

Acting Senior Technician
Rachel Shipp

Technician (Sound and A/V)
Jabin Law

Graduate Interns (Production)
Bebe Abban
Rachel Messer

Head of Customer Services & Events
Lj Cook

Brand & Communications
Imogen Copp
Tara Hughes
Fiona Moorhead

TRINITY LABAN

Hidden in Plain Sight

Ma. Allyana Antonio MA Dance Performance

Monday 21 July, 13:30-13:50

Studio Theatre, Laban Creekside

Performer Ma. Allyana E. Antonio

Sound Original ambient composition created using synthetic tones and layered textures

Music 'By This River' by alva noto, Ryuchi Sakamoto 're:member' by Ólafur Arnalds

Lighting Trinity Laban Production Team

A self-portrait through movement.

This solo is a self-portrait that is witnessed through rhythm, pause, pressure and breath, rather than being painted or spoken.

I negotiate a variety of vocabulary, languages, and expectations as a Filipina dancer in the UK. I carry the weight of responsibility and the warmth of having been influenced by two distinct environments simultaneously. In this piece, I explore the difference between inherited and becoming, between learned and instinctive.

It does not have a distinct plot or an underlying narrative. It's a search. For a version of myself, no interpretation is necessary. For a movement that is outside of anyone else's definition of what it is supposed to be.

This piece's vital question is: Where is home, if not a place? And perhaps, home is not a destination, but a moment of movement where I no longer feel the need to perform.

Special thanks:

Clare Baker and Hilary Stainsby for your guidance and reflections throughout the creation of this work.

TLDC for witnessing, supporting, and dancing alongside me through every phase of this entire journey.

Production Team for providing support for the sounds and lighting before and during the showcase.

Family and Friends for grounding me in what "home" means, no matter how far I travel.

To the self that danced without being watched.

Social Media

Follow Ma on Instagram @allyanaantonio