

TRINITY LABAN

Trinity Laban Youth Dance Company

2025/26

Information for Families

Thank you for booking this class.

Website Information

Youth Programme Staff

Name	Contact Details	Regular working days
Graduate Intern Children & Young People's Dance Programmes	youthprogramme@trinitylaban.ac.uk 0208 305 9365	Monday – Friday
Holly Smith Project Manager Children & Young People's Dance Programmes (maternity cover)	youthprogramme@trinitylaban.ac.uk 0208 305 9477	Term Time: Tuesday – Saturday School Holidays: Monday – Friday

Regular Company Class Details

TLYDC meet weekly to develop their technical, creative and performance skills, as well as to create and rehearse work for performance.

- **Class:** Trinity Laban Youth Dance Company
- **When:** Tuesdays, 18:00 – 20:00
- **Where:** Studio 4, Laban Building, Creekside, SE8 3DZ

Term Dates for 2025/26

Autumn 2025	Block 1: Tue 16 Sept – Tue 21 Oct Block 2: Tue 4 Nov – Tue 9 Dec <i>No classes Tue 28 Oct</i> Sun Intensive 1: Sun 19 Oct Sun Intensive 2: Sun 23 Nov
Spring 2026	Block 1: Tue 13 Jan – Tue 10 Feb Block 2: Tue 24 Feb – Tue 24 Mar <i>No classes Tue 18 Feb</i>
Summer 2026	Block 1: Tue 14 Apr – Tue 19 May Block 2: Tue 2 Jun – Tue 7 Jul <i>No classes Tue 26 May</i>
Events	Youth Dance Platform: Sun 14 Dec U.Dance 2026: Sun 22 Feb Summer Sharing: Tue 7 Jul

TLYDC Fees for 2025/26

Term	Autumn 2025 <i>Full Term: 12 weeks</i>	Spring 2026 <i>Full Term: 10 weeks</i>	Summer 2026 <i>Full Term: 12 weeks</i>
Standard	£120	£100	£120
Concession	£48	£40	£48
Free School Meals	£24	£20	£24

***Reduced rates are available for families in receipt of Universal Credit and/or Free School Meals**

Event Information for 2025/26

Sunday Intensives

- Approximately 2-3 Sunday Intensives are programmed per term, usually from 10:00 – 15:00.
- Within the Intensives TLYDC create and/or rehearse work for performances.
- Autumn Term dates:
 - 19 Oct
 - 23 Nov
- Spring Term dates: to be confirmed
- Summer Term dates: to be confirmed

Youth Dance Platform: Sun 14 Dec 2025

- TLYDC and Youth Programme classes will perform in the Youth Dance Platform in the Autumn Term.
- Technical and dress rehearsals will take place in the daytime, with a performance to families in the late afternoon.
- Tickets are purchased through the Box Office.

U.Dance 2026: Sun 22 Feb 2026

- TLYDC will be applying for the U.Dance 2026: London Regional Platform.
- We will confirm if TLYDC have been selected to perform in Dec.
- If selected, they will have the opportunity perform alongside Youth Dance Companies from across London.
- Tickets are purchased through the Box Office.

Summer Sharings: Tue 7 Jul 2026

- Families are invited to watch the last 10mins of class at the end of the Summer Term.

Additional performances, events and projects will be added to the programme throughout the year. All dates will be communicated with sufficient notice.

Attendance & Commitment

- TLYDC is a yearlong commitment. This is really important as TLYDC creates work for performance, which require the involvement of all company members. We strive to give TLYDC as many performance opportunities as possible, which only works with a committed company of dancers. The difference between a class and a company is the sense of a collective commitment.
- We understand that young people have many other commitments, including schoolwork. We kindly ask parents/carers to communicate with us regarding absences by emailing youthprogramme@trinitylaban.ac.uk.
- In the run up to a performance it is especially important that attendance is consistent. We kindly ask parents/carers to support us with the consequences of repetitive absences. For example, if your young person cannot make a session for whatever reason, this may mean they're not able to be in a section of the piece/project they are working on.
- **Please note:** If your young person does not attend for three consecutive weeks without advising the administrative team of a reason for absence they may be removed from the company. It is the responsibility of the parent/carer to inform the Children & Young People's Dance Programmes Team via email of significant absence.
- Please ensure dancers arrive promptly for the start of classes as latecomers may not be permitted to join the class for health and safety reasons.
- If your young person decides to leave the programme, please let us know as soon as possible by emailing youthprogramme@trinitylaban.ac.uk.
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Payment of Fees

- Fees are payable via our online shop.
- Those who select a reduced rate at booking will need to email proof of eligibility (this could be a letter or a [Certificate of Eligibility for Free School Meals](#)) to youthprogramme@trinitylaban.ac.uk.

- Trinity Laban is committed to access and opportunity for all. The Youth Dance Programme team welcome an open dialogue regarding the payment of class fees. If you foresee any difficulty in making these payments please contact youthprogramme@trinitylaban.ac.uk.

Clothing & What to Bring

- Dancers dance barefoot for Contemporary and Creative classes.
- Dancers may wear trainers for Hip-Hop classes, **these must have white or light-coloured soles.**
- Dancers may wear ballet shoes or dance barefoot for Ballet classes.
- Dancers should wear soft comfortable clothing which is easy to move in, such as tracksuit bottoms/leggings and a t-shirt.
- We ask dancers not to wear jewellery in class and for long hair to be tied up.
- Please bring a bottle of water to class. There are water fountains around the building. Food and drinks other than water are not permitted in the studios.

Contact and Personal Information

- Please keep us updated with your current contact and education details; your medical and access information. We stay in touch via email and may need to call you from time to time.

Drop Off and Collection

- Participants are dismissed from the studio after their class. Please ensure appropriate collection arrangements are in place.
- If you have any specific requirements regarding collection, please email youthprogramme@trinitylaban.ac.uk.

First Aid

- Trinity Laban has First Aiders onsite.
- If your young person has any specific medical needs we need to be aware of please notify us at enrolment and keep us updated of any changes.

Access Needs

- The Laban Building is an accessible site. Should you have any specific access requirements please speak to a member of the Children & Young People's Dance Programmes team so that we can support.
- Should there be any needs identified at enrolment we may require parents/guardians to remain onsite or outside studios. 1-1 support can also be provided in the studio where required.

Bikes and Scooters

- The bike compound is located behind the carpark studio at the Laban Building. To obtain the padlock combination, please see the Laban Building Receptionist or Security Guard. **The padlock combination will be changed on a monthly basis.** Please do not share the combination with anyone else. Please ensure that once you have stored or removed your bicycle from the compound you lock the gate and turn the dials on the padlock so they do not display the correct combination.
- Children's bikes and scooters must be left in the designated area as directed by the security team.
- Adult bikes and scooters must be left outside in the secure bike racks to the rear of the building. Adult bikes and scooters must not be left anywhere else on the grounds and must be locked when not in use.
- Bikes and scooters not left in the designated areas and unlocked, will be moved by the Facilities team to a secure location.
- Bikes and scooters should be pushed up the pathway within the Laban Building grounds. **Please do not cycle on the pathway or on the grass.**
- Roller-skates, scooters, bikes or Heelys (or any shoes with wheels) must not be used inside the Laban Building.
- Pushchairs and prams can be taken into the building.

Safeguarding

Trinity Laban is committed to practice which protects children, young people and adults and recognises that they have rights as individuals and should be treated with dignity and respect. Their safeguarding is of the utmost importance. The Conservatoire is committed to ensuring a safe and supportive environment for all children, young people, students and adults participating in any courses or activities, associated with Trinity Laban and recognizes its responsibilities for promoting the highest standards of care.

- The safeguarding policy is available on our website.
- In line with this policy all of our teachers have Disclosure and Barring Service checks.
- If you have any queries or concerns regarding Safeguarding please contact a designated officer, see below.

Safeguarding Officer	Contact Details
Laura Aldridge Head of Children and Young People's Programmes	l.aldridge@trinitylaban.ac.uk
Niesha Holder Centre for Advanced Training Manager Children & Young People's Dance Programmes	n.holder@trinitylaban.ac.uk

Watching a Class

We request that parents and carers do not observe classes through the glass doors to the studios, as this can be distracting for those participating in the class. There are times when parents/carers will be invited into the studios, usually at the end of a term.

Occasionally observations may take place for professional reasons; these requests are considered carefully.

Photography and Film

- Parents/carers are not permitted to film or photograph classes in line with our safeguarding policy.
- At times Trinity Laban may take photographs and film with media consent.

Fire Safety Information

Your young person's dance teacher will explain the fire safety procedure to the class, and we will schedule unannounced fire drills from time to time. The fire alarm is a continuous siren.

Your young person should familiarise themselves with the escape routes from the building and be aware of what to do in an emergency.

The two assembly points in the event of an evacuation are:

- By the gate at the main entrance, and
- By the gate at the exit of the car park.

In the event of a fire please follow these instructions:

1. If a fire is discovered sound the alarm by breaking the glass on the emergency call point.
2. On hearing the fire alarm evacuate the building immediately using the safest escape route.
3. If you (the parent/carer) is on the premises, **DO NOT** go to the studios to collect your young person. The teacher will bring the whole class out of the building and take them to one of the assembly points.
4. After exiting the building parents/carers should go to the assembly points to find their young person where they will be kept with their teacher until they either return to their studio to continue the class or are collected if the class has finished/cannot continue.

A member of Trinity Laban staff will be happy to explain the above procedures to you.

Directions to the Laban Building SE8 3DZ

All Youth Programme classes take place at our Dance Faculty:

Laban Building

Creekside, Deptford

SE8 3DZ

We have cycle racks at the rear of the building and also a number of disabled parking spaces to the front of the building.

By Docklands Light Railway (recommended route)

The Docklands Light Railway (DLR) offers a frequent service to Cutty Sark station which is a few minutes' walk from the Laban Building. The DLR joins to the London Underground at Monument / Bank (Central, Circle and District Lines), Shadwell (East London Line), Canary Wharf (Jubilee Line) and Stratford (Central Line). At Cutty Sark turn right out of the station and right again on to Creek Road. Take the second left after the bridge, Creekside and the Laban Building is on your left. (10 min walk).

By Train

If travelling from Central London, travel from Charing Cross to either Deptford or Greenwich. There are frequent trains and the journey time is approximately 20 minutes. The Laban Building is approximately a 10-minute walk from either station.

By Bus

Bus numbers 47, 53, 89, 177, 188, 225 and 453 stop near the Laban Building.

By Road

From Central London: Take the Old Kent Road to its end in New Cross then follow the A2 until you reach the junction for Deptford Church Street. Turn left and continue to the mini roundabout, then turn right into Creekside.

From M2/M25: Follow the A2 until you reach the turning for the junction for Deptford Church Street. Turn right and continue to the mini roundabout, then turn right into Creekside. There is no parking at the Laban Building but there is on street parking.