TRINITY LABAN

Dance Ability 2025/26

Information for Families

Thank you for booking this class.

Website Information

Dance Ability Staff

Name	Contact Details	Regular working days
Emma Greene	childrensprogramme@trinitylaban.ac.uk	Tues – Sat
Programme Coordinator	0208 305 9390	
Children & Young People's		
Dance Programmes		
Holly Smith	childrensprogramme@trinitylaban.ac.uk	Tues – Sat
Project Manager	0208 305 9477	
Children & Young People's		
Dance Programmes (mat		
cover)		

Class Details

• Class: Dance Ability: Carers & Dancers

• When: Saturdays | 09:00-09:45

• Where: Studio 6, Laban Building, Creekside, SE8 3DZ

• Teacher: Vicki Busfield

In our Carers & Dancers class, children and their parents / carers / older siblings have fun dancing together.

Term Dates for 2025/26

Autumn 2025	Block 1: Sat 13 Sep – Sat 25 Oct
	Block 2: Sat 8 Nov – Sat 13 Dec
	No classes Sat 1 Nov
Spring 2026	Block 1: Sat 10 Jan – Sat 14 Feb
	Block 2: Sat 28 Feb – Sat 21 Mar
	No classes Sat 21 Feb
Summer 2026	Block 1: Sat 18 Apr – Sat 23 May
	Block 2: Sat 6 Jun – Sat 27 Jun
	No classes Sat 30 May

Class Fees for 2025/26

Term	Aut 2025	Spr 2026	Sum 2026	
	Full Term: 13 weeks	Full Term: 11 weeks	Full Term: 11 weeks	
	Block 1: 7 weeks	Block 1: 6 weeks	Block 1: 6 weeks	
	Block 2: 6 weeks	Block 2: 5 weeks	Block 2: 5 weeks	
Standard				
Full Term	£117.00	£90.00	£90.00	
Block 1	£63.00	£54.00	£54.00	
Block 2	£54.00	£36.00	£36.00	
Weekly / 1 Week Taster Class	£9.50	£9.50	£9.50	
Concession				
Full Term	£45.50	£35.00	£35.00	
Block 1	£24.50	£21.00	£21.00	
Block 2	£21.00	£14.00	£14.00	
Weekly / 1 Week Taster Class	£4.00	£4.00	£4.00	
Free School Meals				
Full Term	£13.00	£10.00	£10.00	
Block 1	£7.00	£6.00	£6.00	
Block 2	£6.00	£4.00	£4.00	
Weekly / 1 Week Taster Class	£2.00	£2.00	£2.00	

^{*}Reduced rates are available for families in receipt of Universal Credit and/or Free School Meals

Payment of Fees

- Fees are payable termly, half termly or weekly and can be booked online, by phone or in person.
- Those who select a reduced rate at booking will need to email proof of eligibility (this could be a letter or a screen shot) to childrensprogramme@trinitylaban.ac.uk.
- Trinity Laban is committed to access and opportunity for all. The Children & Young People's
 Dance Programmes team welcome an open dialogue regarding the payment of class fees.
 If you foresee any difficulty in making these payments please contact
 childrensprogramme@trinitylaban.ac.uk.

Clothing & What to Bring

- Children dance bare foot in the studios and should wear soft comfortable clothing which is easy to move in, such as tracksuit bottoms/leggings and a t-shirt. Jeans and dresses are not appropriate.
- We ask dancers not to wear jewellery in class and for long hair to be tied up.
- Please bring a bottle of water to class. There are water fountains around the building. Food and drinks other than water are not permitted in the studios.

Contact and Personal Information

• Please keep us updated with your current contact and education details; your medical and access information. We stay in touch via email and may need to call you from time to time.

Attendance

- We encourage participants to attend classes as regularly as possible in order to gain the most benefit from the classes.
- We know that there are times when absence is unavoidable. If you are aware of an absence in advance please contact childrensprogramme@trinitylaban.ac.uk.
- Please ensure you arrive promptly for the start of class as latecomers may not be permitted to join the class for health and safety reasons.
- If your young person decides to leave the programme, please let us know as soon as possible.

Drop Off and Collection

 Parents/carers are active participants in Dance Ability classes and should be present in the studio throughout.

First Aid

- Trinity Laban has First Aiders onsite.
- If your young person has any specific medical needs we need to be aware of please notify us at enrolment and keep us updated of any changes.

Access Needs

- The Laban Building is an accessible site. Should you have any specific access requirements please speak to a member of the Children & Young People's Dance Programmes team so that we can support.
- Dancers with SEND are requested to complete a Passport Form, so that their teacher and class assistants can understand their needs and provide the support required. Passport Forms will be sent by email, once booking has been received.

Bikes and Scooters

- Children's scooters must be left in the designated area as directed by the security team.
- All bikes and adult scooters must be left outside in the secure bike racks to the rear of the building, they must not be left anywhere else on the grounds and must be locked when not in use.
- Bikes and scooters not left in the designated areas and unlocked, will be moved by the Facilities team to a secure location.
- Bikes and scooters should be pushed up the pathway within the Laban Building grounds. Please do not cycle on the pathway or on the grass.
- Roller-skates, scooters, bikes or Heelys (or any shoes with wheels) must not be used inside the Laban Building.
- Pushchairs and prams can be taken into the building.

Safeguarding

Trinity Laban is committed to practice which protects children, young people and adults and recognises that they have rights as individuals and should be treated with dignity and respect. Their safeguarding is of the utmost importance. The Conservatoire is committed to ensuring a safe and supportive environment for all children, young people, students and adults participating in any courses or activities, associated with Trinity Laban and recognizes its responsibilities for promoting the highest standards of care.

- The safeguarding policy is available on our website.
- In line with this policy all of our teachers have Disclosure and Barring Service checks.
- If you have any queries or concerns regarding Safeguarding please contact a designated officer, see below.

Safeguarding Officer	Contact Details
Laura Aldridge	<u>l.aldridge@trinitylaban.ac.uk</u>
Head of Children & Young People's Dance	
Programmes	
Niesha Holder	n.holder@trinitylaban.ac.uk
Centre for Advanced Training Manager	
Children & Young People's Dance Programmes	

Photography and Film

- Parents/carers are not permitted to film or photograph classes in line with our safeguarding policy.
- At times Trinity Laban may take photographs and film with media consent.

Fire Safety Information

Your young person's dance teacher will explain the fire safety procedure to the class, and we will schedule unannounced fire drills from time to time. The fire alarm is a continuous siren. Your young person should familiarise themselves with the escape routes from the building and be aware of what to do in an emergency.

The two assembly points in the event of an evacuation are:

- By the gate at the main entrance, and
- By the gate at the exit of the car park.

In the event of a fire please follow these instructions:

- 1. If a fire is discovered sound the alarm by breaking the glass on the emergency call point.
- 2. On hearing the fire alarm evacuate the building immediately using the safest escape route.
- 3. If you (the parent/carer) is on the premises, **DO NOT** go to the studios to collect your young person. The teacher will bring the whole class out of the building and take them to one of the assembly points.
- 4. After exiting the building parents/carers should go to the assembly points to find their young person where they will be kept with their teacher until they either return to their studio to continue the class or are collected if the class has finished/cannot continue.

A member of Trinity Laban staff will be happy to explain the above procedures to you.

Directions to the Laban Building SE8 3DZ

All Dance Ability classes take place at our Dance Faculty:

Laban Building

Creekside, Deptford

SE8 3DZ

We have cycle racks at the rear of the building and also a number of disabled parking spaces to the front of the building.

By Docklands Light Railway (recommended route)

The Docklands Light Railway (DLR) offers a frequent service to Cutty Sark station which is a few minutes' walk from the Laban Building. The DLR joins to the London Underground at Monument / Bank (Central,

Circle and District Lines), Shadwell (East London Line), Canary Wharf (Jubilee Line) and Stratford (Central Line). At Cutty Sark turn right out of the station and right again on to Creek Road. Take the second left after the bridge, Creekside and the Laban Building is on your left. (10 min walk).

By Train

If travelling from Central London, travel from Charing Cross to either Deptford or Greenwich. There are frequent trains and the journey time is approximately 20 minutes. The Laban Building is approximately a 10-minute walk from either station.

By Bus

Bus numbers 47, 53, 89, 177, 188, 225 and 453 stop near the Laban Building.

By Road

From Central London: Take the Old Kent Road to its end in New Cross then follow the A2 until you reach the junction for Deptford Church Street. Turn left and continue to the mini roundabout, then turn right into Creekside.

From M2/M25: Follow the A2 until you reach the turning for the junction for Deptford Church Street. Turn right and continue to the mini roundabout, then turn right into Creekside. There is no parking at the Laban Building but there is on street parking.