



PROGRAMME

TRINITY LABAN

PROUDLY PRESENTS

RUDE HEALTH

FINALE

— NEW MUSIC FESTIVAL —

TICKET DETAILS:
FREE ENTRY

DOORS 6:15PM
24.10.2025

KING CHARLES COURT, GREENWICH

Visit our website for more details at www.trinitylaban.ac.uk

CONTENTS

– 6:30PM Start

Roots

Laurie Glass

Theseus and the Minotaur

Isabella Fairey

不着相 (Formless)

Lilian Zhang

4.48 Psychosis

Scarlett Hardy

1st June 2020

Luke Chang

Clarity

Michael Stringer

Abridged Experiments in the Revival of Organism

Klaus Wegner

diary.

Harry James

– 8:30PM Finish

Please ask our studards for guidance if you're unsure of anything!

*"I am you.
You are me.
We are them.
They are we."*

ROOTS

Come fellow traveler, lend me an ear!
Gather round to hear my tale
Of how our hero battles with fear,
Do they prevail?

Narrator – Rory Mulloney
Piano – Scarlett Hardy
Duduk & Shaker – Tom Hughes
Native American Flute, Electronics & Bass – Laurie Glass
Drums – Gabriel Weber

Music & Text – Laurie Glass

THESEUS AND THE MINOTAUR

Theseus and the Minotaur tells the tale of the hero Theseus as he travels into the Labyrinth to defeat the Minotaur. Theseus is the first person to successfully find his way back out of the Labyrinth, which is a vast and confusing maze.

He leaves as a hero, who ended the torture of his people from being sent to their deaths at the hands of the Minotaur. The heroic Greek myth is presented with shadow puppets, and music performed by three female voices and piano.

Soprano 1 – Grace Powell
Soprano 2 – Annabel Booth
Soprano 3 – Anoushka Rajwade
Piano – Daisy Green
Shadow Puppeteer – Rory White

不着相

Composed by Lilian Zhang
BMus2 Trinity Laban

FORMLESS

Formless is a meditation inspired by Diamond Sutra. Contains a Buddhism element which edifies people to meet all appearances without grasping at appearance. The piece instructs the concept of a lecture, telling people not to fear, to find peace in the blooming lotus after the chaotic time. No fixed form should be displayed here, as you may be all things, and you may also be no thing.

Violin: Chuanyazi Li
Cello: Seren Kapur
Xylophone & Tomtoms: Huanran Zhou
Tambourine: Lilian Zhang

4.48 PSYCHOSIS

TRIGGER WARNING: suicide, self-harm,

100 Taken from a play by Sarah Kane

91 Music By Scarlett Hardy

84 Violins: Maylee Velasco, Eve Bolton-Gabrielsen (DETUNED(THE VIOLIN, NOT THE PERSON))

81 Viola: Ivo Webber

72 Cello:

69 Soprano:

58 Alto:

44 Tenor: Joey Pugh

37 Bass:

38 Piano: Kaylea Childs

42 Saxophones: Amadea Topalli,

21 At 4.48

28 When depression visits

12 I will hang myself

7 To the sound of my lover's breathing

1ST JUNE 2020

climbing trees and laughing. playing music and dancing. sitting on the grass and making memories.

players:

piano – zsolt balint

guitar – rory white

vibraphone – jeremiah beer

flute – maddie williams

violins – sachin beaman-patel, kaylea childs

viola – tom waters

cello – seren kapur

CLARITY

Composed by Michael Stringer

Clarity for string quartet traces the gradual transformation from uncertainty to understanding. The music begins in a state of obscurity – fragments of sound intertwining without clear direction – before steadily gathering focus and shape. Through evolving textures and harmonies, what was once indistinct comes into view, resolving into moments of lucidity and stillness.

Performed by Maylee Vasco (Violin I),
Laurie Glass (Violin II),
Ivo Webber (Viola),
Alexander McDermott (Cello),

Clarity reflects a journey toward perception – the emergence of form from the fog.

ABRIDGED EXPERIMENTS IN THE REVIVAL OF ORGANISM

This is a short
documentary, aided
with a 4-piece choir and a viola.

WARNING: MAY CONTAIN POTENTIALLY UPSETTING CONTENT

Performers:

Conductor: Nia Harrington-Benton

Soprano: Mia Odeleye

Alto: David Swaby-Thomas

Tenor: Naveen Kanamarlapudi

Baritone: Joey Pugh

Viola: Ivo Webber

Music and Video-Editing: Klaus Wegner Hamilton

DIARY.

**thresholds, images, solitude, space, translation, dialogue, scenes
from a 'marriage'.**

dreams ash sentences, sun-eyed

I should know

I knew

I was playing with fire

I ran the risk

I would still do the same

I wanted to avoid violence

I want to avoid violence

**A hand creates a notion and sweeps, fixed, through passage. Words
are defined, and placed, and dissolved again, and every image fades,
as though their delicate capture was in itself nothing more than a
miracle of sacred compassion.**

& sentimental & longing

& skin & loneliness

& stinking & lyrical

& streets & liberty

& solitary & largely

& specifically & literally

& story & lost

& spirits & labours

& struggle & luck

& silent & laughing

& sometimes & lucid

& survival & love

& suffering & lament

& states & locates

& situation & leaving

& schemes & lust

& stillness & lessons

& stranger & listeners

(Italicised text interpreted from Anne Blonstein, 'worked on screen')

**THANKS FOR
COMING!!!**

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PROGRAMME
BY LAURIE GLASS